

Original article

Immunopotentiating activity of hemiparasitic plants of family *Viscaceae* with special reference to *Viscum angulatum* Heyne ex DC.

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Abstract

The present study was carried out to evaluate immunopotentiating activity of hemiparasitic sub-herbs plants belongs to *Viscaceae* family. Aqueous extracts of selected six *Viscum* plants such as, *Viscum orientale* Wild (8 mg/kg body weight), *Viscum nepalense* Spiens (8 mg/kg body weight), *Viscum ramosissimum* Well (8 mg/kg body weight), *Viscum angulatum* Heyne ex DC (16 mg/kg body weight), *Viscum capitallatum* Sm (8 mg/kg body weight) and *Viscum trilobatum* Talbot (8 mg/kg body weight) were injected intraperitoneally for 5 consecutive days to Balb/c mice and to determine the haematological parameters, body weight, lymphoid organ weight, bone marrow cellularity and α -esterase positive cells and compared with controls treated with plain water. Non-toxic *V. angulatum* extract (16 mg/kg) was administered to Balb/c mice (5 doses) and its effect on antibody titre, antibody forming cells, lymphoid cell proliferation, cytotoxic T lymphocyte generation and interferon γ (IFN- γ) and interleukin 2 (IL-2) levels were determined. Results indicated that there was a significant increase in white blood cells (WBC), lymphoid organ weight, bone marrow cellularity and α -esterase positive cells after intraperitoneal administration. Administration of *V. angulatum* extract increased antibody titre, antibody forming cells, proliferation of lymphoid cells, stimulated cytotoxic T lymphocyte as well as increased levels of IL-2 and IFN- γ . Results indicated a stimulation of immunological parameters in mice after intraperitoneal injection of aqueous extracts of plants belonging to the family *Viscaceae*.

Keywords: *Viscum album*, *Viscum angulatum*, immune stimulation, cancer treatment, cytokines

1. Introduction

Role of immunity in the cancer development and progression is known (Zammarran and Chen, 2011). Cancer produces lowering of immunity and immune suppression has been known to be a stimulating factor in the progression to malignancy (Finn, 2012). Drugs that can increase the immunity are found to be useful in reducing cancer development (Newman *et al.*, 2003). Several drugs including synthetic as well as plant based drugs were found to stimulate immunity, thereby will be useful in the cancer treatment (Polu *et al.*, 2015). Plants such as *Panax ginseng*, *Tinospora cordifolia*, and *Withania somnifera*, *etc.*, are known to have significant immune stimulating activity (Ochwang *et al.*, 2014). Moreover, herbal preparations such as Rasayanas are found to stimulate immunity in normal and cancer patients and are useful in prophylaxis and treatment of cancer (Vayalil *et al.*, 2002). Rasayanas are also known to reduce the side effects of chemotherapy and radiation through immune stimulation (Vayalil *et al.*, 2002). *Viscum album* Linn. is a hemiparasitic plant, widely present in Europe. An injectable preparation, Iscador, prepared from this plant was found to be useful in cancer treatment and is being practiced in many parts of Europe (Leroi, 1975). Active constituents of Iscador included a lectin (Franz, 1986), viscotoxins (Samuelson and Petterson, 1971), polysaccharides (Jordan and

Wagner, 1986) as well as a peptide of 5000 molecular weight (Kuttan *et al.*, 1988). Iscador acts not only by its cytotoxic activity but also by stimulating immunity (Kuttan and Kuttan, 1992).

Not much work has been done in other *Viscum* species. Recently, we had reported the tumor reducing activity of six plants of *Viscum* species present in the Western Ghats of India (Kuttan *et al.*, 2017). However, out of six plants, five of them such as *Viscum orientale* Wild, *Viscum nepalense* Spiens, *Viscum ramosissimum* Well, *Viscum capitallatum* Sm, *Viscum trilobatum* Talbot were found to be highly toxic. At non-toxic dosage, they could reduce the transplanted tumors in animals (Kuttan *et al.*, 2017). In the present study, we have studied the immunostimulating activity of these *Viscum* species and special emphasis has been given to the non-toxic plant, *V. angulatum*.

2. Materials and Methods**2.1 Animals**

Balb/c mice (male, 4-6 week old, 20-25 g.b.wt) were obtained from Small Animal Breeding Station, Kerala Veterinary and Animal Sciences University, Thrissur, Kerala, India. The animals were kept in ventilated cages in air-controlled room and fed with mouse chow (Krish Scientific Shoppe, Bangalore, India) and water *ad libitum*. All animal experiments were performed as per the instructions prescribed by the Committee for the Purpose of Control and Supervision of Experiments on Animals (CPCSEA) (NO.149/PO/Rc/S/1999/CPCSEA), Ministry of Environment and Forest, Government of India, and implemented through the Institutional Animal Ethical Committee of Amala Cancer Research Centre.

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2.2 Chemicals

RPMI medium was purchased from Hi-media, Mumbai, India. Para-Rosaniline and α -naphthyl acetate were obtained from Loba Chemie, Mumbai. Harri's hematoxylin was purchased from Glaxo, Mumbai, India. Lypopolysaccharids, *Phytohaemagglutinin* and Pokeweed mitogen were purchased from Difco Laboratories, New Delhi, India. Concanavaline A was obtained from Sigma (St. Louis, MO). Radioactive (^3H) – thymidine was purchased from the Board of Radiation and Isotope Technology, Mumbai, India. Elisa Kits for IL-2 and IFN- γ were purchased from Pierce Biotechnology, USA. All other chemicals used were of analytical reagent grade.

2.3 Collection of plants and their identification

Hemiparasitic sub-herbs in the family *Viscaceae* were collected as per good collection practice from Chammundi Hills and Bandipur forest area, Mysore as well as from Belgam, India. Botanical identity was confirmed by Dr. Sivamurthy. G. R, Professor, Department of Botany, JSS College for Women, Saraswathipuram, Mysore after comparing with voucher specimens. The species of plants and their host trees are given in Table 1.

Table 1: Names of *Viscum* species collected from Western Ghats and their host plants

Plants	Host tree
<i>Viscum orientale</i> Wild	<i>Pongamia pinnata</i> L.
<i>Viscum nepalense</i> Spiens	<i>Zizyphus oenoplea</i> (L.) Miller
<i>Viscum ramosissimum</i> Well	<i>Ficus bengalensis</i> L.
<i>Viscum angulatum</i> Heyne ex DC	<i>Schrebera swietenoides</i> Roxb.
<i>Viscum capitallatum</i> Sm	<i>Terminalia tomentosa</i> Roxb.
<i>Viscum trilobatum</i> Talbot	<i>Magnifera indica</i> L.

2.4 Preparation of aqueous extract

Plants were washed in running water, rinsed with autoclaved double distilled water, air dried and powdered. Aqueous extracts of each plant were prepared by mixing 10 g of plant powder with 100 ml of autoclaved double distilled water and stirred overnight. The supernatant obtained by centrifugation was dried by lyophilization.

2.5 Determination of the effect of *Viscaceae* plant extract on the haematological parameters and body weight

Mice were grouped into seven ($n = 8/\text{group}$). Group I animals kept as untreated control, were given plain water (0.5 ml). Group II to VI animals were treated intraperitoneally with 5 doses of aqueous extracts of *V.orientale*, *V.nepalense*, *V.ramosissimum*, *V.capitellatum*, *V.trilobatum* (8 mg/ kg b.wt) and group VII with *V.angulatum* (16 mg/ kg. b.wt) aqueous extract. These doses were fixed after studying the toxicity profile of the extracts (Kuttan *et al.*, 2017). On 6th day, blood was collected from the caudal vein of all animals and various parameters such as, total white blood cells (WBC) count (Hemocytometer), differential count (Leishman's stain) and hemoglobin level (Cyanmethaemoglobin method) (Cheesbrough and McArthur, 1976) were measured. The body weight was recorded prior to the administration of *Viscaceae* plant extract and continued every third day thereafter for one month.

2.6 Determination of the effect of *Viscaceae* plant extract on the lymphoid organ weight

Mice ($n = 8/\text{group}$) were divided into seven groups and treated with aqueous extracts *Viscum* plants as described above. Body

weight of animals were recorded before sacrifice. All animals were sacrificed 24 h after the last dose of *Viscum* extract administration. Weight of the lymphoid organs such as, spleen and thymus were recorded and expressed as relative organ weight.

2.7 Determination of the effect of *Viscaceae* plant extract on the bone marrow cellularity and α -esterase positive cells

Bone marrow cells from the femurs of above experimental animals were collected and made into single cell suspension and the cell number was determined using haemocytometer (Sredni *et al.*, 1992) and expressed as million cells/ femur. A thin film of bone marrow cells was prepared on clean glass slide and the number of β -esterase positive cells was determined by azo-dye coupling method (Cheesbrough and McArthur, 1976). Number of α -esterase positive cells was expressed out of 4000 cells.

2.8 Determination of the effect of *V. angulatum* on circulating antibody titre

Mice ($n=8/\text{group}$) were divided into two groups. Group I animals were kept as normal without any treatment. Group II animals were treated intraperitoneally with *V. angulatum* extract (16 mg/kg. b. wt) for 5 consecutive days. All the animals were immunized with sheep red blood cells (SRBC) (2.5×10^8 cells/0.1 ml/animals, intraperitoneal) after the last dose of test compound administration. Blood was collected from the caudal vein every 3rd day after immunization with SRBC and continued for a period of 30 days. Serum was separated and heat inactivated at 56°C for 30 min. Antibody titre was determined by haemagglutination assay of Singh *et al.* (1984) using SRBC as antigen.

2.9 Determination of the effect of *V. angulatum* extract on antibody producing cells (Plaque Forming Cells Assay) (PFC)

The experiment was set up as described in the previous experiment. The animals were sacrificed on different days starting from the 3rd day after immunization up to 9th day. Spleen was processed to single cell suspension and used for the determination of antibody producing cells by Jerne's plaque assay (Jerne and Nordin, 1963).

2.10 Determination of the effect of *V. angulatum* aqueous extract on lymphoid organ proliferation

Mice were divided into two groups ($n=4/\text{group}$). Group I animals were kept as normal control and Group II animals were treated with *V. angulatum* extract (20 mg/kg.b.wt) intraperitoneally for 5 consecutive days. Animals were sacrificed 24 h after last dose of the test compound administration. The spleen, thymus and bone marrow from femur were collected aseptically and processed to single cell suspension. Triplicate cultures were set to determine the proliferation in the presence and absence of various mitogens such as Concanavaline (Con-A)-10 $\mu\text{g}/\text{ml}$, *Phytohaemagglutinin* (PHA)-2.5 $\mu\text{g}/\text{ml}$, Lycopopolysaccharides (LPS)-10 $\mu\text{g}/\text{ml}$ and Pokeweed mitogen (PWM)-10 $\mu\text{g}/\text{ml}$ by thymidine incorporation assay (Justo *et al.*, 2003).

2.11 In vivo determination of the effect of *V. angulatum* extract on the cytotoxic T lymphocyte (CTL) generation

Four groups of mice ($n=10/\text{group}$) were used (system A). Group I received EL4 cells (intraperitoneal) (purchased from National Cell Science Centre, Pune) alone ($5 \times 10^5/0.1$ ml). Group II animals

received *V. angulatum* extract (16 mg/kg b wt) for 5 consecutive days prior to EL4 administration. Group III animals received EL-4 cells incubated with normal spleen cells (0.2 ml) from the BALB/c. Group IV animals received EL-4 cells incubated with spleen cells from *V. angulatum* extract treated alloimmunized mice. CTL activity was determined by Winn's neutralization assay (Winn, 1961). All the animals were observed for their survival. The survival time of treated animals were compared with that of animals which received tumour cells alone.

2.12 Determination of the effect of *Viscaceae* plant extract on interleukin 2 (IL-2) and interferon- γ (IFN- γ) production in normal and tumour bearing animals

Blood was collected from each animal 2 days after the last dose of *V. angulatum* administration, and the levels of the IL-2 and IFN- γ were assayed using an ELISA kit purchased from Pierce Biotechnology, (USA). The manufacturer's protocol was followed to estimate the level of cytokines.

2.13 Statistical analysis

Values are expressed as Mean \pm standard deviation. The statistical significance was compared between control and experimental groups by one-way analysis of variance (ANOVA), followed by appropriate post hoc test (Dunnnett multiple comparison test) using Graphpad software. Data of extract-treated animals were compared with non-treated animals.

3. Results

3.1 Effect of *Viscum* extracts on haematological parameters and body weight

The total WBC count in normal BALB/c mice was increased by the administration of all the six *Viscaceae* plant extracts (Figure 1). The maximum WBC count of 11216 ± 338 cells/mm³, 10025 ± 348 cells/mm³ and 10016 ± 341 cells/mm³ was obtained on 12th day after the administration of *V. angulatum* (16 mg/kg b.wt), *V. ramosissimum* (8 mg/kg b.wt) and *Viscum nepalense* (8 mg/kg b.wt), respectively which was higher than untreated control. The total WBC count of remaining three *Viscaceae* plant extracts were also increased when compared to the untreated ones. The untreated control animals maintained the normal total WBC count during the experimental time. Among these six, *Viscaceae* plant extracts, *V. angulatum* treated mice showed maximum WBC count when compared to the other plant extracts. A normal increase in the body weight was shown by the *Viscum* extract treated animals, however, it was not significant (data not shown). There was no significant difference in the ratio of lymphocytes to neutrophils, (data not shown) as well as hemoglobin level, non-significant (data not shown) after treatment with test compounds.

3.2 Effect of *Viscum* extracts on lymphoid organ weight

Effect of *Viscaceae* plant extracts on relative organ weight of thymus and spleen is given in Table 2. An increase ($p < 0.05$) in the weight of thymus (0.14 ± 0.002 g/100 g b.wt) and spleen (0.413 ± 0.016 g/100g b. wt) was found in *V. angulatum* treated animals when compared to normal (thymus: 0.12 ± 0.015 g/100 g b. wt; spleen 0.39 ± 0.013 g/100 g b.wt) animals. There was no significant change in the weight of other vital organs such as liver, kidney, and lung (data not shown).

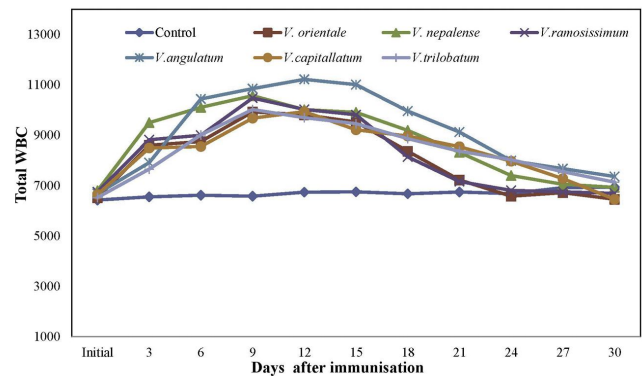


Figure 1: Effect of administration of *Viscum* extracts on total WBC in mice. Values are means of eight replicates per group.

Table 2: Effect of administration of *Viscum* extracts on lymphoid organ weights in mice

Group	Relative organ weight (g/100 g body weight)	
	Thymus	Spleen
Normal	0.12 \pm 0.015	0.39 \pm 0.013
<i>Viscum orientale</i> (8 mg/kg b.wt)	0.13 \pm 0.003	0.40 \pm 0.019
<i>Viscum nepalense</i> (8 mg / kg b.wt)	0.13 \pm 0.003	0.40 \pm 0.019
<i>Viscum ramosissimum</i> (8 mg /kg b.wt)	0.13 \pm 0.003	0.39 \pm 0.006
<i>Viscum angulatum</i> (16 mg / kg b.wt)	0.14 \pm 0.002*	0.413 \pm 0.016*
<i>Viscum capitellatum</i> (8 mg / kg b.wt)	0.13 \pm 0.007	0.40 \pm 0.01
<i>Viscum trilobatum</i> (8 mg / kg b.wt)	0.13 \pm 0.005	0.39 \pm 0.027

Values are Mean \pm standard deviation of eight replicates per group. Values were statistically analyzed using one-way ANOVA, followed by Dunnnett multiple comparison test. ns = Not significant ($p > 0.05$), * $p < 0.05$ significant.

Table 3: Effect of administration of *Viscum* extracts on bone marrow cellularity and α -esterase positive cells

Group	Bone marrow cellularity $\times 10^6$ /femur	No. of α -esterase positive cells /4000 cells
Normal	16.5 \pm 1.87	780.16 \pm 15.96
<i>Viscum orientale</i> (8 mg / kg b.wt)	18 \pm 40 ^{ns}	858.5 \pm 8.14*
<i>Viscum nepalense</i> (8 mg / kg b.wt)	24 \pm 2.83**	1042.17 \pm 54.01**
<i>Viscum ramosissimum</i> (8 mg / kg b.wt)	20.17 \pm 2.40 *	999.67 \pm 32.9**
<i>Viscum angulatum</i> (16 mg / kg b.wt)	28.16 \pm 2.86**	1127.83 \pm 101.7**
<i>Viscum capitellatum</i> (8 mg / kg b.wt)	21.16 \pm 1.94**	963.17 \pm 37.73**
<i>Viscum trilobatum</i> (8 mg / kg b.wt)	19.17 \pm 2.14 ^{ns}	873.33 \pm 27.19*

Values are the Mean \pm standard deviation of eight replicates per group. Values were statistically analyzed using one-way ANOVA, followed by Dunnnett multiple comparison test. ns = Not significant ($p > 0.05$), * $p < 0.05$, ** $p < 0.01$ significant.

3.3 Effect of *Viscum* extracts on bone marrow cellularity and α -esterase positive cells.

The effect of *Viscaceae* plant extracts on the bone marrow cellularity and α -esterase positive cells is given in the Table 3. Administration of *V. angulatum*, *V. nepalense* and *V. capitellatum* significantly increased ($p < 0.01$) the bone marrow cellularity compared to normal. The number of α -esterase positive cells were also increased significantly ($p < 0.01$) in *V. angulatum*, *V. nepalense*, *V. capitellatum* and *V. ramosissimum* administered animals compared to normal.

3.4 Effect of *V. angulatum* on antibody production

The enhancement of total antibody production by the administration of *V. angulatum* (16 mg/kg b.wt) is shown in the Figure 2. The maximum antibody titre value of 512 was observed on 15th day after immunization and the level was maintained up to 18th day. The untreated control animals showed a maximum antibody titer value 64 on 12th day after antigen administration.

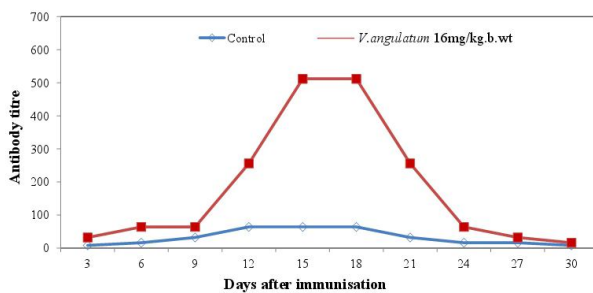


Figure 2: Effect of administration of *V. angulatum* extract on antibody production. Values are the means of eight replicates per group.

Table 4: Effect of *V. angulatum* administration on lymphoid organ proliferation

A. Proliferation of splenocytes

Group	No mitogen	Con A	PHA	LPS	PWM
Control	1039 ± 100.6	3301.3 ± 140.9	3126.3 ± 103.7	2646.3 ± 150	2878.5 ± 148
<i>Viscum angulatum</i> (20 mg/kg b.wt)	2516.8 ± 75.6***	5495.3 ± 128.5***	5440.5 ± 177.8***	5448.2 ± 129.3***	4659 ± 57***

B. Proliferation of Thymocytes

Group	No mitogen	Con A	PHA	PWM
Control	1156.3 ± 50.5	2411.3 ± 92.4	2301.3 ± 129.4	1548.7 ± 79.5
<i>Viscum angulatum</i> (20 mg/kg b.wt)	3320.8 ± 155.2***	5340.8 ± 119.9***	5841 ± 131.9***	4294.7 ± 226.3***

C. Proliferation of bone marrow cells

Group	No mitogen	Con A	PHA	LPS	PWM
Control	1136.5 ± 95.1	1172.3 ± 122.3	3559 ± 98.6	3271.5 ± 135.6	2162 ± 130
<i>Viscum angulatum</i> (20 mg/kg B.wt)	1934.7 ± 88.3***	2194 ± 170***	4226.3 ± 150.3***	3366.8 ± 142***	2388.5 ± 106.7***

Values are expressed as cpm

Values are Mean ± standard deviation of four replicates per group for untreated control and *Viscum angulatum* treated samples with and without mitogen *** $p < 0.001$ ** $p < 0.01$.

3.5 Effect of *V. angulatum* on antibody producing cells

Administration of *Viscum angulatum* significantly enhanced the number of antibody producing cells in the spleen. The maximum number of plaque forming cells (PFC) was observed in *V. angulatum* (210.83 ± 12.58 PFC/million spleen cells) treated animals on 6th day after immunization while the vehicle control animals showed only 150.83 ± 10.10 PFC/million cells on the same day (Figure 3).

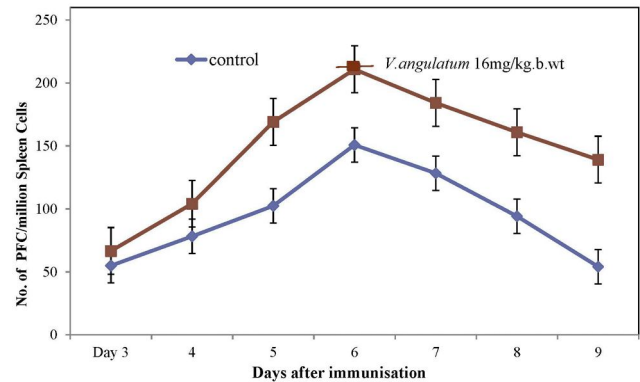


Figure 3: Effect of administration of *V. angulatum* extract on antibody producing cells. Values are the means of eight replicates per group.

3.6 Effect of *V. angulatum* on lymphoid organ proliferation

Effect of *V. angulatum* on the lymphoid organ proliferation is given in Tables 4ABC. Significant enhancement lymphoid organ proliferation as seen from the mitogenic potential of various mitogens such as Con-A, PHA, PWM and LPS on spleen, thymocytes and bone marrow cell proliferation observed in *V. angulatum* treated group compared to normal group as well as mitogen alone treated group.

Table 5: Effect of *Viscum angulatum* on *in vivo* CTL generation and survival of animals

Groups	Mean survival days	% Increase in life span
EL-4 alone	35.5 ± 2.31	-
EL-4+ <i>Viscum angulatum</i> extract	43.5 ± 1.71	22.54
EL-4+ normal alloimmunized effector cell	39.5 ± 2.13	11.26
EL-4+ <i>Viscum angulatum</i> extract + treated alloimmunized spleen cells	46.75 ± 1.69	31.69

Values are Mean ± standard deviation of ten replicates per group.

Table 6. Effect of *Viscum angulatum* extracts on IL-2 and IFN- γ production in EL-4 cells

Groups	IL-2 (pg/ml)	IFN- γ (pg/ml)
Normal	10.68 ± 1.06	2502.73 ± 222.14
EL-4 alone	5.44 ± 0.88***	1128.86 ± 127.98***
EL-4 + <i>Viscum angulatum</i> extract	12.5 ± 1.51***	2461.97 ± 158.22***
EL-4 + normal cocultured spleen cells	8.53 ± 0.84**	1271.16 ± 101.67**
EL-4 + <i>Viscum angulatum</i> extract + treated cocultured cells spleen	15.18 ± 1.93***	2881.36 ± 130.84***

Values are Mean ± standard deviation of four replicates per group *** $p < 0.001$ ** $p < 0.01$.

3.7 Effect of *V. angulatum* extract on cytotoxic T lymphocytes (CTL) generation and survival of animals

CTL action was calculated by Winn's neutralization assay from the number of days animals survived after injection of EL-4 cells. Animals injected only with EL-4 cells survived for 35.5 days. When the animals were treated with *V. angulatum* extract, survival was increased to 43.5 days (22.54 %). Induction of EL-4 cells with normal alloimmunised spleen cells increased the survival by 39.5 days while EL-4 cells treated with *V. angulatum* extract and alloimmunised cells increased the survival by 46.75 days, indicating increased CTL generation by treatment with *V. angulatum* extract (Table. 5).

3.8 Effect of *V. angulatum* on interferon- γ and interleukin-2 production

The effect of *V. angulatum* on IFN- γ and IL-2 production is presented in the given Table 6. Serum IL-2 level was significantly elevated in animals treated with *V. angulatum* (12.5 ± 1.51 pg/ml) compared to normal animals (10.68 ± 1.06 pg/ml). In tumour bearing control animals, IL-2 level was significantly reduced on day 6 after tumour induction (8.53 ± 0.84 pg/ml), whereas treatment with *V. angulatum* promoted IL-2 production in tumour bearing animals to 15.18 ± 1.93 pg/ml.

The serum IFN- γ level was also enhanced by the treatment with *V. angulatum*. In normal animals, the level of IFN- γ was found to be 2461.97 ± 158.22 pg/ml after administration with *V. angulatum* in comparison with the normal untreated animals (2502.73 ± 222.14 pg/ml). IFN- γ was found to be decreased in tumour bearing animals (1271.16 ± 101.67 pg/ml) and decreased levels were significantly increased by the treatment with *V. angulatum* (2881.36 ± 130.84 pg/ml) on the sixth day of tumour induction.

4. Discussion

Immunological activity of hemiparasitic plants extracts has been seldom studied. The only exception is *V. album* and an injectible preparation (Iscador) made from this extract is being used for cancer treatment. Iscador is reported to be cytotoxic and has

immunomodulatory activity. Recently, we have reported the biological activity especially anticancer and anti-inflammatory activity of six plants from the family *Viscaceae* (Kuttan *et al.*, 2017). However, except one plant, all the others are highly toxic to animals. *Viscum angulatum* was non-toxic and had significant anticancer activity against transplanted tumours and, hence this plant was further used for experimentation (Kuttan *et al.*, 2017).

Initial studies using these plant extracts were carried out to determine the humoral immune responses. Administration of these plant extracts to animals increased haematological parameters such as total white blood cell count, lymphoid organ weight as well as bone marrow cellularity and α -esterase positive cells. Further, studies were done using non-toxic extract prepared from *V. angulatum*. Administration of *V. angulatum* extract was found to increase the antibody production and increased antibody forming cells in mice, indicating the immunopotentiating activity of the extract. Administration of the extract to animals increased the proliferation of splenocytes, thymocytes and bone marrow cells. Moreover, administration of *V. angulatum* extract could significantly increase cytotoxic T lymphocyte generation and increased the survival of animals treated in EL-4 tumour cells and stimulated the production of interleukin 2 and interferon γ -production.

At present, there are only very few reports on the biological activities of *Viscum* species other than *Viscum album*. Antioxidant activity of *V. orientale* (Khatun *et al.*, 2016), *V. nepalense* (Murali *et al.*, 2011) and *V. capitallatum* (Petrus, 2011) have been reported. Moreover, analgesic potential of *V. capitallatum* as well as diuretic action of *V. angulatum* and antinociceptive and CNS action of *V. orientale* has been reported (Jadhav *et al.*, 2010). These studies indicate the potential of *Viscum* extracts during medical treatment. Active ingredients present in *Viscum* plants have not been fully identified. Since many of the *Viscum* species tested were found to be toxic, presence of toxic lectins could be expected in these plants.

Bioactive polyphenols have been reported from *V. orientale*. *V. angulatum* has been reported to have phenolic glycosides (Lin

and Lin, 2002) and flavan glycosides (Asad *et al.*, 2016) which may be responsible for its antitumour activities. Attenuation of expression of cytokines, oxidative stress and inflammation by phenolic acids has been reported (Yuvaraj *et al.*, 2013). Further studies are needed to expose the biological activity of these plants and their active ingredients and mechanism of action.

5. Conclusion

Results indicated significant immunostimulatory activity of the extracts of plants belong to *Viscaceae* family as seen from haematological parameters, lymphoid organ weight, bone marrow cellularity, antibody production, antibody forming cells, lymphoid organ proliferation, cytotoxic T lymphocytic generation as well as increased Interleukin - 2 and Interferon γ levels in mice. Out of six plant extracts tested, five of them were found to be toxic. *V. angulatum* was non-toxic and stimulated immunity. Use of this plant in cancer needs further investigation.

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Conflict of interest

The authors declare that no conflict of interest exists in the course of conducting this research. Both the authors had final decision regarding the manuscript and the decision to submit the findings for publication.

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